

These 5 questions could help you restore the intimacy of relationships.

Erectile problems (inability to get or maintain an erection) affect 52% of men 40-70 years of age according to a survey in the USA*. This condition can have a devastating effect on relationships but the most reassuring news is that help is available.

The answers to the ED assessment questions on the following page can help you determine the level and extent of erectile dysfunction, and may indicate a need for treatment.

ED assessment score	Severity of ED
17-21	Mild
12-16	Mild to Moderate
8-11	Moderate
1-7	Severe

If ED is properly diagnosed and effectively treated, men with ED can regain one of the most valuable things they possess – the intimacy of relationships.

*Survey results from Feldman HA, Goldstein I, Hatzichristou DG et al. Impotence and its medical psychosocial correlates: results of the Massachusetts Male Aging Study. J Urol 1994; 151:54-61.

Clinic Questions

Answer the following questions regarding your relationship over the past 6 months.

1. How do you rate your confidence that could get and keep an erection?					
Very low	Low	Moderate	High	Very High	
1	2	3	4	5	
2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration?					
No sexual Activity	Almost never or never	A few times (less than half)	Sometimes (half)	Most times (more than half)	Almost always or always
0	1	2	3	4	5
3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?					
Did not attempt intercourse	Almost never or never	A few times (less than half)	Sometimes (half)	Most times (more than half)	Almost always or always
0	1	2	3	4	5
4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?					
Did not attempt Intercourse	Extremely difficult	Very difficult	Difficult	Slightly difficult	Not difficult
0	1	2	3	4	5
5. When you attempted sexual intercourse, how often was it satisfactory to you?					
Did not attempt intercourse	Almost never or never	A few times (less than half)	Sometimes (half)	Most times (more than half)	Almost always or always
0	1	2	3	4	5